

# Couple's Covenant

Your Couple's Covenant is part of God's plan for your relationship. The scripture sees a covenant as a relationship (Malachi 2) unlike other relationships.

Take time and talk with your partner about what God's plan might be for your relationship. It is important for couples to have a common vision for their relationship. This vision will help guide and direct you through happy and difficult times alike. This worksheet will help in creating or clarifying that vision.

1. What understanding do you have of God's plan for your relationship now and in the coming decade?
2. What obstacles or sins might you encounter that would hinder your covenant?
3. What could you do to hurdle those obstacles or avoid the sins?

Below are listed 12 positive things you could use to create your Couple's Covenant. Choose 2 principles and discuss what that would look like 10 years from now. Once you have decided, fill out the Couple's Covenant certificate with what you chose. Keep this certificate as a reminder of your relationship's vision.

**1. Intentional commitment & persistence**

**2. Positive values**

**3. Lead by serving & giving first**

**4. Humor and fun**

**5. Being overcomers of difficulties**

**6. Meeting each others' needs**

**7. Being a team**

**8. Giving enough love, affection & support**

**9. Networking in the community**

**10. Open communication**

**11. Investing in the next generation**

**12. Quality time**

Regent University

Hope Focused Couples Program

# COUPLE'S COVENANT

*We commit as a couple to working towards these goals:*

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and

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Couple's Signatures

Date