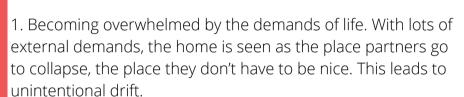
DEALING WITH COMMITMENT DRIFT

5 Common Causes of Commitment Drift



- 2. The drive to succeed makes is hard to invest in the home relationship. This also leads to unintentional drift.
- 3. One partner decides to keep one's distance. This leads to intentional drift.
- 4. One or both partners seek out and invest in outside interests as a way of avoiding home. This also leads to intentional drift.
- 5. Default, or investing little effort in the relationship, will also contribute to drift.

PRAYERFULLY CONSIDER:

- o Have patterns of insensitivity become evident?
- o Has there been a progressive disengagement and increase of activity elsewhere?
- o Is there anything that should be happening in the relationship but isn't?
- o Is there a sense of dissatisfaction with what is happening in the relationship? o Are feelings of resentment evident?