

# The Blessing

The purpose of this worksheet is to help you count the blessings in your relationship.

Three days this week write down 3 blessings you received because of your partner. Think how is your life blessed, even in a small way, because of your spouse being in it.

Consider this scripture as you practice this skill and complete this worksheet: *1 Peter 3:8-9 "Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble. Do not repay evil with evil or insult with insult, but with blessing, because to this you were called so that you may inherit a blessing."*

## Day 1

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Day 2

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Day 3

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Pray together for your marriage at least twice this week.**